



Provide a Distraction

As an active bystander, what are some ways you might step in to help in a situation where sexual violence could possibly occur? Sometimes a little distraction can do the trick...

- ▶▶ Spill a drink
- ▶▶ Turn off the music
- ▶▶ Yell something loudly like “Are the cops here?”
- ▶▶ Tug on your friend’s arm
- ▶▶ Tell the potential perpetrator “Your car is being towed!”
- ▶▶ Pull your friend away, saying desperately, “I need to talk to you NOW!”
- ▶▶ Do a silly attention-grabbing dance
- ▶▶ Interrupt the conversation between the potential victim and perpetrator
- ▶▶ Ask where the bathroom is
- ▶▶ Separate the two by saying, “Can you show me where the drinks are?”
- ▶▶ Call your friend’s cell multiple times